



life together

UNITY

AUGUST 7, 2022

READ

- We are focusing in the next weeks on aspects of life together as The Church. There is no better place to look than in the book of Ephesians, where Paul lays out the Good News of our calling to be believers in Chapters 1-3 and practical ways we live that out in Chapters 4-6. This week, we are looking at our unity.
- Read Ephesians 4:1-6 and pray, considering what lesson the Holy Spirit intends us to learn.

EXAMINE

- In verse 1, Paul urges us to action based on the calling he laid out in the previous chapters. What does he command? (See Colossians 2:6)
- According to verses 2 and 3, what should be our attitudes as we go? (See also, Colossians 3:12-13) In verse 3, “eager” is a strong description. Why do you think Paul wants us to desire Unity this much?
- Verses 4-6 describe the grounds for that Unity. What are they, and how many do you count?

APPLY

- Taking all of this in, what does walking worthy look like today? What difference would it make if we lived it out?
- When you compare yourself to this list, what areas are the hardest for you to walk out? How do you plan to change that?
- Why should we be eager to maintain the unity in the Spirit? What effect would this kind of unity have in our church and community?
- The grounds for unity here are focused on the church. Why does it matter that these are the grounds of unity? What can you do to strengthen the bond of unity?

PRAY

Take time to write out a prayer responding to this passage:

- Praise God for our calling to be part of His church through the gift of His Son and His Spirit at work in and through us.
- Confess areas where you have not been walking worthy of your calling (any pride, anger, resentment, hurry, giving up on others, apathy towards the church, discord, disunity, or division).
- Thank God for the grounds we have for unity.
- Pray that we would grow closer in unity and overcome our human frailty, living out the good works He has created us to walk in. Pray for God to help you apply this passage in your life this week.

NOTES

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